



Rapid support for CAMH services

Healios provides quality online mental health assessment and evidence-based treatment services for children and young people, delivering extra capacity while maintaining the strongest focus on safety, governance and outcomes.

How Healios can help

Establish additional clinical support quickly and safely to reduce waiting times

Support children and young people with a range of complex presentations, underpinned by our proven safeguarding, risk management and governance structures

Offer additional capacity without adding unnecessary operational strain

Services We Can Offer

Healios provides clinical mental health services using an online delivery approach, creating a flexible pathway that integrates into existing NHS services. Our services are provided by experienced clinicians, using our bespoke clinical portal to connect with clients and integrate with local pathways.

Our service includes:

- ✓ Clinical triage
- ✓ Mental health assessment/clinical formulation
- ✓ Cognitive Behavioural Therapy (CBT)
- ✓ Trauma focussed CBT
- ✓ Goal Based Interventions
- ✓ Clinical interventions within Mental Health in Schools Teams, including work with parents/carers
- ✓ Multidisciplinary clinical input
- ✓ Neurodevelopmental assessments, pre/post diagnostic support and psychoeducation

Proof and confidence

400,000+

clinical sessions delivered across NHS partnerships

99%

referral acceptance rate

87%

of children and young people reporting improved wellbeing and resilience

Our highly qualified clinical and dedicated safeguarding teams work alongside CAMHS teams, as an extension of local clinical pathways and our NHS partners trust us to deliver a safe and effective service.