

GP referral guide

Right to Choose autism assessment referral to Healios

Healios is currently accepting Right to Choose autism assessment referrals for children aged 8+ and young people in England, with faster access to first appointments.

If you would like your child to be referred to Healios, your GP will need to submit the referral. You do not need to complete the referral yourself.

This page gives you the key information to share with your GP.

What to ask your GP

I would like my child to be referred to Healios for an autism assessment through Right to Choose. Healios is currently accepting referrals for children aged 8+ and young people in England. Please can you submit a Right to Choose referral to Healios?

Key information for your GP

Provider: Healios

Service: Online autism assessments

Pathway: NHS Right to Choose

Who is this for: Children aged 8+ and young people in England

Current waiting time: Up to 6 months

Referral needed: GP referral required

Assessment format: Online assessment

Important note: Ability to support referrals is dependent on local ICB policies.

For GPs

GPs in England can complete the Healios online referral form here:

healios.org.uk/gp-referral

Once Healios receives the referral, we will contact the patient and GP to confirm the referral and update on the next steps.



What happens next?

1. Healios receives the referral.
2. We check the information provided and your local ICB policy
3. We contact you and your GP to confirm the next steps.
4. We explain what information is needed before the assessment.

We will keep you informed so you know what to expect.

This document is not a referral form. To start a Right to Choose referral, your GP must submit the referral to Healios.

